

2

# Chemical Basis of Life

*Karen Webb Smith*

Unit One

**URLs to print and study for this chapter**

This site covers information on carbohydrates, fats, & proteins. It also discusses cholesterol. Explore it all.  
<http://home.howstuffworks.com/food.htm>

**Carbohydrates.**  
<http://users.rcn.com/jkimball.ma.ultranet/BiologyPages/C/Carbohydrates.html#disaccharides>

**Proteins**  
<http://users.rcn.com/jkimball.ma.ultranet/BiologyPages/P/Proteins.html>

Good explanation of cholesterol  
<http://home.howstuffworks.com/cholesterol.htm>

### I. Introduction

- A. Chemistry deals with the composition of substances and how they change.
- B. A knowledge of chemistry is necessary for the understanding of physiology.
- C. Body functions depend on chemical changes within cells.
- D. Biological chemistry, or biochemistry, is the study of the chemistry of living organisms.

### II. Structure of Matter

**WATER** Anything that has weight and takes up space

A. Elements and Atoms

- \*elements combine to form compounds
- \*bulk elements – compose 95% of body (by weight)  
(some are C, H<sub>2</sub>, O<sub>2</sub>, N, S, & P)
- \*trace elements – required in small amounts  
(important parts of enzymes = Co, Cu, F, I, Fe, Mn, Zn)
- \*ultrace elements – required in very small amounts  
(As = vital in very small amounts)

\*\*\*\*Major elements in body:  
 Know these:  
 O, C, H, N, Ca, P, K, S, Cl, Na, Mg

**WATER**

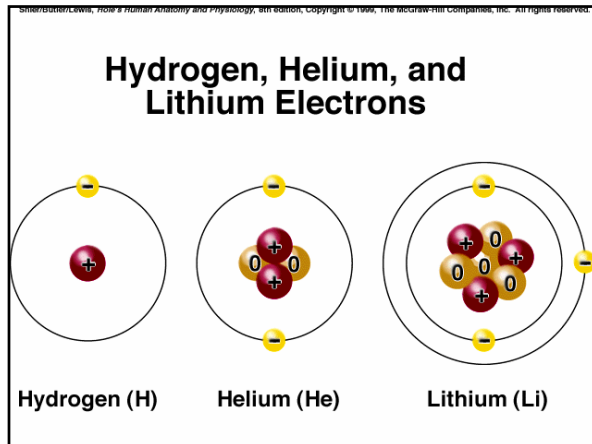
### B. Atomic Structure

- \*nucleus – central portion; contains protons (p+) and neutrons (n<sup>0</sup>)
- \* electrons – (e-) outside orbitals
- \* atomic number = # of protons
- \* atomic weight = # protons plus # neutrons

© 2004 McGraw-Hill Education, Inc. All rights reserved.

### Lithium Atom

Lithium (Li)



## MATTER

### C. Isotopes

**isotopes** - atoms with the same atomic number & differing atomic weights (ex.) oxygen=always 8 protons, it can have 8, 9, or 10 neutrons

\*\*\*The number of electrons in the outer orbital (shell) determines how atoms interact with each other.

\*\*\***radioactive isotopes** - have nuclei that are unstable. They decompose & release E. This is atomic radiation.

- 3 kinds: **alpha**, **beta**, & **gamma**.
- gamma radiation is similar to X-radiation and is the most penetrating of these forms

## MATTER

### D. Bonding of Atoms

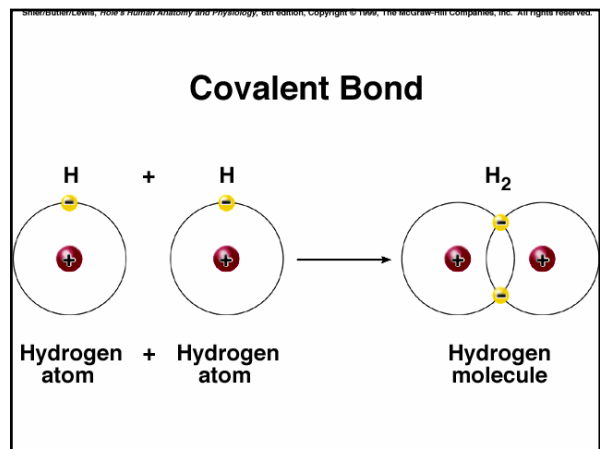
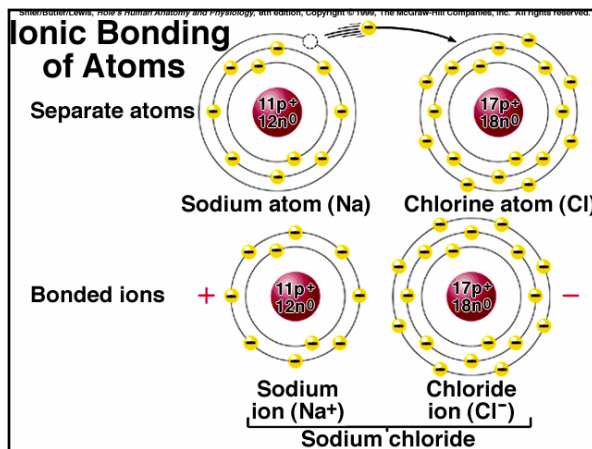
- \***bonds** - form when atoms combine
- \*atoms gain, lose, or share electrons to form bonds
- \***electron configuration** - electrons in shells
- \*atoms (He) that have outer shell full are stable (inert) & cannot form chemical bonds
- \*atoms that have incomplete outer shells tend to gain, lose, or share electrons to fill outer shells and form chemical bonds

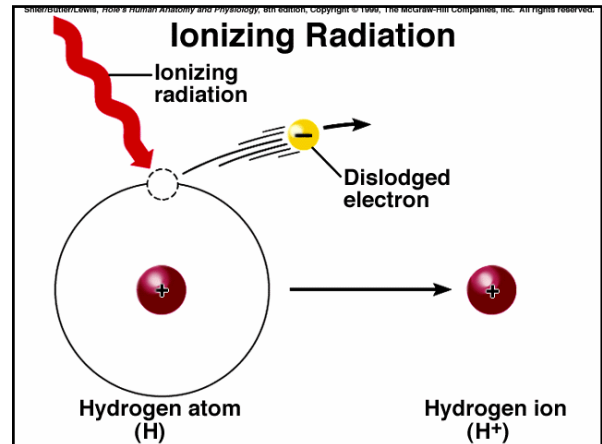
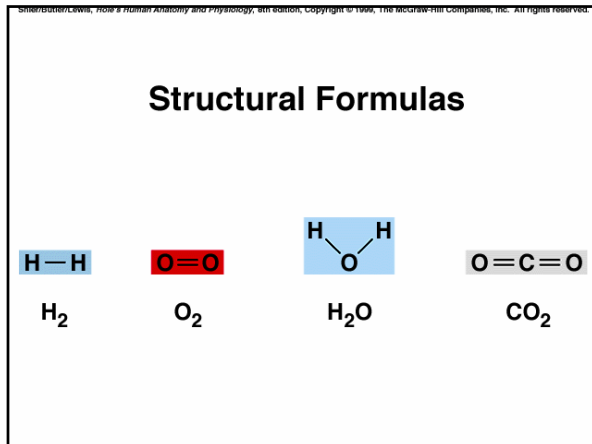
## MATTER

- \***ion** - When atoms gain or lose electrons they become electrically charged.
- \***ionic bond** - formed when atoms lose electrons
- \***covalent bond** - formed when atoms share electrons; -single and double covalent bonds

### E. Molecules and Compounds

- \***molecule** - 2 or more atoms combined
- \***molecular formula** - tells #s and kinds of atoms
- \***compound** - result of atoms combining





**MATTER**

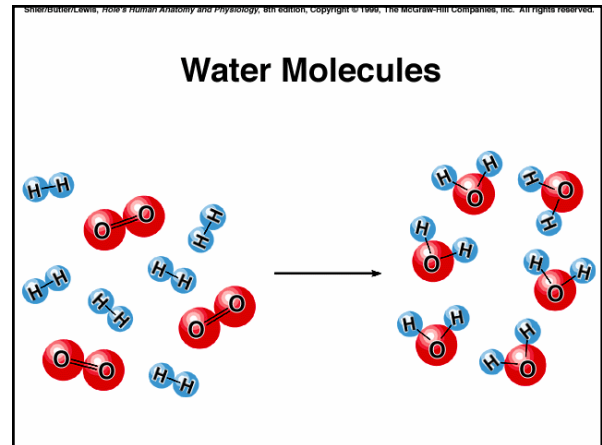
**F. Chemical Reactions - 4 KINDS**

$*2\text{H}_2 + \text{O}_2 \rightarrow 2\text{H}_2\text{O}$  (synthesis reaction)  
 reactants    product     $\text{A} + \text{B} \rightarrow \text{AB}$

$*\text{AB} \rightarrow \text{A} + \text{B}$  (decomposition reaction)

$*\text{AB} + \text{CD} \rightarrow \text{AD} + \text{CB}$  (exchange reaction)

$*\text{A} + \text{B} \rightleftharpoons \text{AB}$  (reversible reaction)

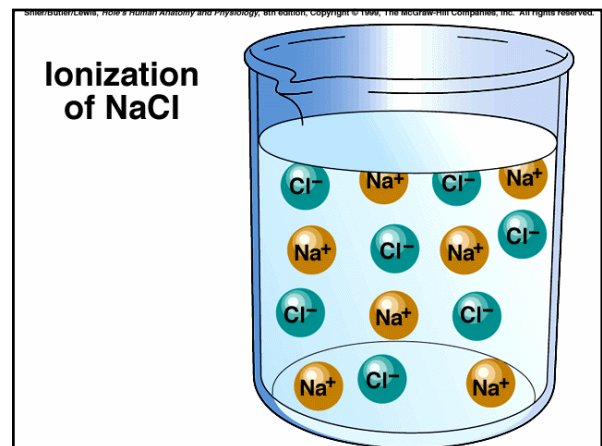


**MATTER**

**G. Acids, Bases, & Salts**

\*What happens to compounds when they react with water?  
 They ionize and become ions that are electrically charged.  
 They will conduct an electric current, release ions in water,  
 and are called electrolytes.

**ACIDS** = electrolytes that release  $\text{H}^+$  ions in water     $\text{HCl} \rightarrow \text{H} + \text{Cl}$   
**BASES** = electrolytes that release  $\text{OH}^-$  ions that combine with  $\text{H}^+$   
 (can form water)       $\text{NaOH} \rightarrow \text{Na} + \text{OH}$   
**SALTS** = acids and bases can react together to form salt +  $\text{H}_2\text{O}$   
 $\text{HCl} + \text{NaOH} \rightarrow \text{H}_2\text{O} + \text{NaCl}$



# MATTER

## H. Acid and Base Concentrations

Life processes are affected by chemical reactions > illness.

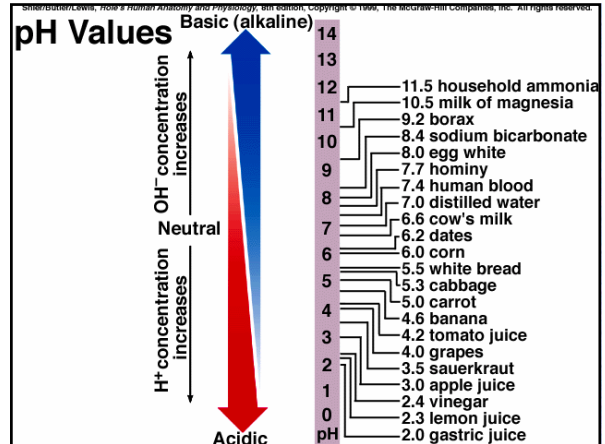
\***pH scale** – represents the concentration of (H+) and (OH-) ions in a solution (pH 0 to pH 14.0)

\*pH below 7 is acidic; pH above 7 is basic; pH 7.0 is neutral\*

\*Normal blood pH is 7.35 to 7.45

\***alkalosis** – condition when blood pH rises 7.5 to 7.8  
-results from stomach acid becoming too low

\***acidosis** – condition when blood pH falls to 7.0 to 7.3  
-results from small intestinal contents becoming too acidic



## III. Chemical Constituents of Cells

Metabolic reactions in the body's cells involve chemicals that are either organic or inorganic.

\***ORGANIC** – compounds containing C and H<sub>2</sub> atoms;  
usually are nonelectrolytes – do not dissolve in H<sub>2</sub>O and will dissolve in ether or alcohol

\***INORGANIC** – all other molecules;  
usually are electrolytes – will dissolve in H<sub>2</sub>O and react with H<sub>2</sub>O to release ions

# MATTER

## A. Inorganic Substances

## B. BODY = water, oxygen, carbon dioxide, inorganic salts

**Water:** \* most abundant compound; \*2/3rds of body; \*90% of blood  
\*most abundant compound in cells; \*causes chemical reactions (hydrolysis); \*transports chemicals and heat; \*helps release body heat

**Oxygen:** \*releases energy from nutrient molecules (food) which drives the cell's metabolic activities; \*necessary for survival of an organism

**Carbon Dioxide:** \*produced as a waste product when energy is released during metabolic processes CO<sub>2</sub> is released from the body by the respiratory organs

**Inorganic Salts:** \*play important role in metabolic processes; >>>>

**Electrolytes:** Na, Cl, K, Ca, Mg, PO<sub>4</sub>, CO<sub>3</sub>, HCO<sub>3</sub>, and SO<sub>4</sub> are inorganic salts that must be present to maintain homeostasis

# MATTER

# Carbon

The element of life!

# MATTER

# CARBON

Inorganic      Organic      Biochemistry

**Importance of carbon:**

1- atomic #6

2- can form a total of 4 covalent bonds with other atoms

3- can also form double or triple bonds with other carbon atoms forming stable compounds

4- is the world's best electron sharer-----

this allows carbon to form the molecules that make life possible--- **MACROMOLECULES** ---

5 - the carbon cycle

**MATTER** Carbon atoms frequently form single covalent bonds with other carbon atoms in chains

**Hydrocarbon Chain**

Octane - 8 carbons & 18 hydrogens

- Hydrogen
- Oxygen
- Carbon
- Nitrogen
- Sodium
- Phosphorus
- Chloride

**MATTER** Carbon atoms in rings:  
The glucose ring bends into a "chair" structure or a "boat" structure.

**GLUCOSE**

Structural formula

**MATTER** Carbon atoms in rings: these lie flat

**Benzene**      **Dimethylpyrazine (chocolate)**

**MATTER** BUILDING A CARBON CHAIN: It is possible to think of carbon atoms as a flexible "skeleton" that can be used to construct just about any type of molecule - there can be one to thousands of carbons in the chain

**PRACTICE:**      \*\*\*Chemical groups can be attached to the chain\*\*\*

CH<sub>4</sub> - METHANE

C<sub>2</sub>H<sub>6</sub> - ETHANE

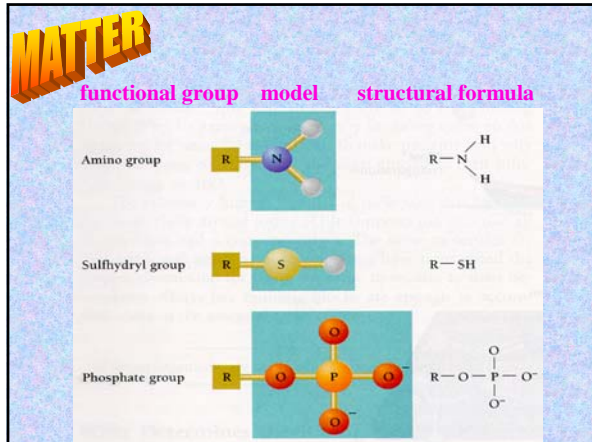
C<sub>3</sub>H<sub>8</sub> - PROPANE

**MATTER** CARBON ATOMS can assume complex shapes including: CHAINS, BRANCHES AND RINGS

**FUNCTIONAL GROUPS:** groups of atoms attached to the carbon backbone that determine the characteristics and chemical reactivity of the molecules

**MATTER**

functional group	model	structural formula
Hydroxyl group		R - OH
Carbonyl group		R - C(=O) - H (or R)
Carboxyl group		R - C(=O)OH



**MATTER** How Do Organisms Use Biological Molecules To Build?  
**How Big Are Biological Molecules?**

If we analyze the sizes of all the molecules in a cell, we discover a surprising thing. Cells have many small molecules, with molecular weights less than 300, and many large molecules, with molecular weights greater than 10,000. But cells have very few molecules with intermediate sizes.

Terms to remember:  
 subunit, monomer, polymer, macromolecule

**MATTER** Remember this:

Biological Molecules are Joined Together or Broken Apart by Adding or Removing Water:

dehydration synthesis - to form by removing water  
hydrolysis - to break apart with water

Biological molecules are one of the following:  
**CARBOHYDRATES**      **LIPIDS**  
**PROTEINS**              **NUCLEIC ACIDS**

**MATTER**

**Macromolecules**

**MATTER** Organic Substances

**MACROMOLECULES**

**Carbohydrates** - provide energy

**Lipids** - provide energy, building materials, & insulation to protect some organs

**Proteins** - provide materials for growth & repair, & they form enzymes that control chemical changes in the body

**Nucleic Acids** - provide the molecules of life

**MATTER**

**CARBOHYDRATES**

CARBON + WATER

## MATTER

### CARBOHYDRATES AND POLYSACCHARIDES

-are compounds that contain one O atom and one H<sub>2</sub> atom for every carbon atom (1 H<sub>2</sub>O per C)

**SUGARS**  
**STARCHES**  
**GLYCOGEN**  
**CELLULOSE**  
**CHITIN**

**SUGARS** - Important energy storage molecules in cells. They are composed of carbon, hydrogen, and oxygen.  
- 1:2:1 ratio or (CH<sub>2</sub>O)<sub>n</sub>; n = # of carbons in the backbone

**Monosaccharides** - simple sugars of one sugar unit  
Animals store energy for important use in glucose.  
-may contain from 3 to 7 carbon atoms

**Disaccharides** - 2 or more monosaccharides linked together  
Plants use sucrose. (glucose and fructose linked together with a hydroxyl unit attached) - sucrose C<sub>12</sub>H<sub>22</sub>O<sub>11</sub> is table sugar

**Polysaccharides** - carbohydrate macromolecules formed by linking many simple sugars (monosaccharides)  
\*Most carbon atoms are attached to both a H atom and an OH group. Each group forms H bonds with a H<sub>2</sub>O molecule; so they will dissolve in water easily\*

## MATTER

**GLUCOSE** - most common Monosaccharide

All cells use special adaptations to keep glucose at a constant concentration. C<sub>6</sub>H<sub>12</sub>O<sub>6</sub>

Subunits of glucose form polysaccharides; it is a 6 carbon atom (hexose and pentose)

Glucose can exist in several forms: chains and rings  
- fructose and galactose - rings

Ribose and deoxyribose have 5 carbons - pentose sugars  
\*\*They are parts of the genetic molecules DNA and RNA.

## MATTER

**Dissaccharides**: 2 single sugars linked by dehydration synthesis; often used for short-term energy storage by plants

Sucrose = glucose + fructose

Lactose = glucose + galactose

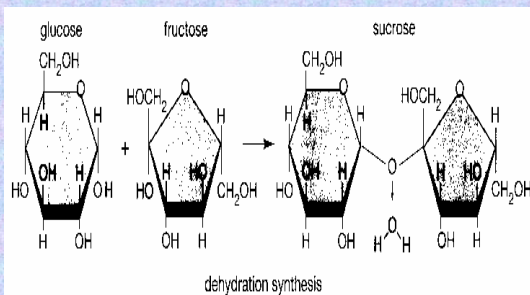
Maltose = glucose + glucose

Hydrolysis breaks up dissaccharides when energy is needed by the cells.

Dehydration synthesis - connects monosaccharides to form di- and polysaccharides

## MATTER

### DEHYDRATION SYNTHESIS OF A DISACCHARIDE



## Matter

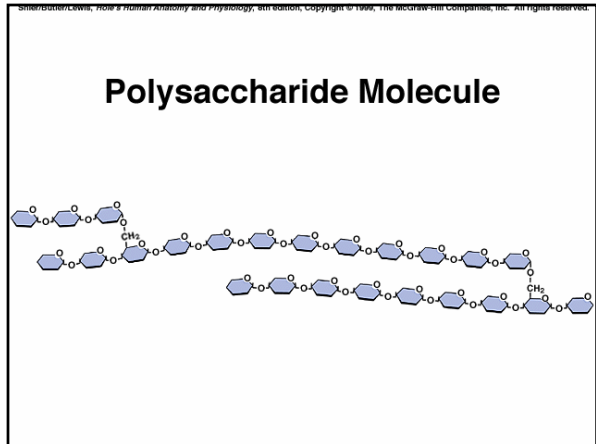
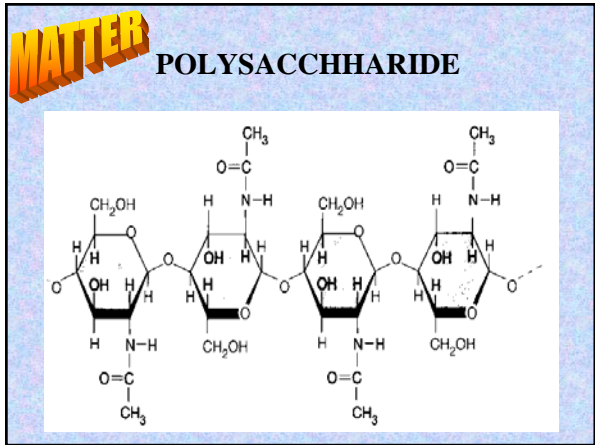
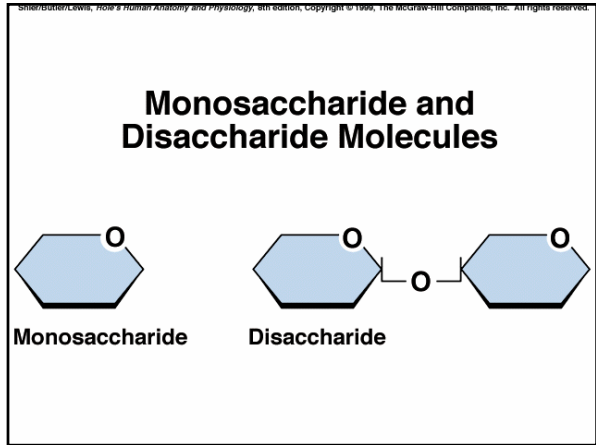
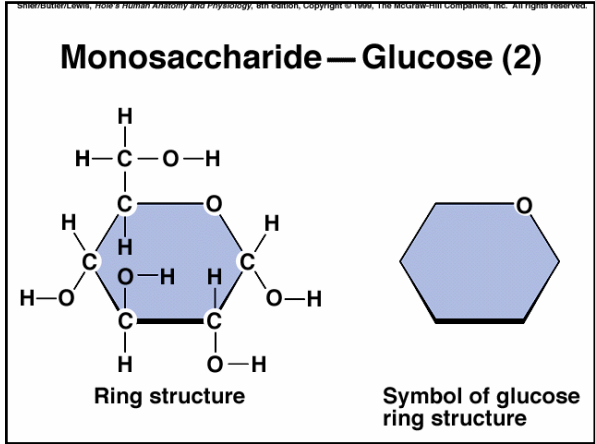
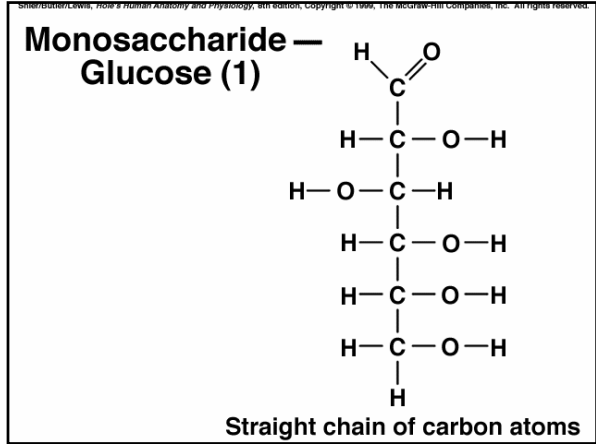
**Polysaccharides**: Starch and Cellulose and Chitin

Needed for long term energy storage.  
Glucose molecules join together forming starch (plants) or glycogen (animals)

**STARCH** - formed in plants (roots and seeds)  
- glycogen (starch formed in animals)

**CELLULOSE** - cell walls of plants

**CHITIN** - exoskeletons of insects, crabs



**MATTER LIPIDS**

**OILY macromolecules**



## MATTER

**LIPIDS** include a variety of nonpolar compounds

- 1) Oils, fats, and candle wax are found at home.
- 2) contain more chemical energy per gram than other biological molecules
- 3) often serve as energy stores; form structural basis for cell membranes; can be used as chemical messengers
- 4) composed of long chains of C atoms totally surrounded by H; dissolve in nonpolar solvents (gasoline, acetone)

## MATTER

- 5) nonpolar - no charge differences to allow them to form hydrogen bonds to H<sub>2</sub>O
- 6) some are amphipathic - they contain a polar functional group as well as nonpolar chains of C and H atoms. SOAP - has one part that interacts with oil and one that interacts with water; 18 carbon stearic acid = soap
- 7) fatty acids are the building blocks of LIPIDS; lipids are FATS
- 8) Lipids are hydrophobic and insoluble in water
- 9) Lipids have a smaller proportion of O<sub>2</sub> than occurs in carbohydrates

## MATTER

Saturated - when hydrocarbon chain with single bonds of stearic acid has the maximum # of hydrogens per carbon (butter); solid at room temperature

Unsaturated - double bonds between some of the carbon atoms (so there are fewer hydrogens) (oils); liquid at room temperature

Polvunsaturated - 2 or more double bonds between carbon atoms - used to describe margarine and cooking oils (Saturation determines how the body is able to use food containing fatty acids)

## MATTER

**LIPIDS ARE FATS - contain C, H, and O**

**FATTY ACIDS:** have a hydrocarbon (hydrophobic) chain + a carboxyl (hydrophilic) functional group at the end - (-COOH); normally do not have ring structure

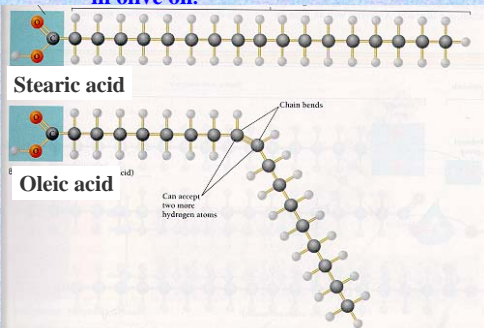
- fatty acids differ from each other in 2 ways

- 1) # of carbon atoms
- 2) # of carbon to carbon double bonds

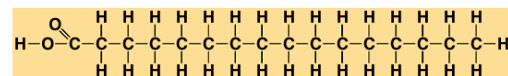
**FATS and OILS** - formed by dehydration synthesis from 3 fatty acid subunits and one molecule of Glycerol = a short 3 carbon molecule with one hydroxyl group (-OH) per C

## MATTER

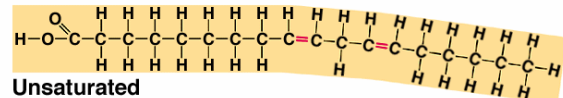
Saturated fatty acids, like stearic acid in beef fat, pack together more closely than unsaturated fatty acids, such as the oleic acid in olive oil.



## Fatty Acid Molecules



Saturated fatty acid



Unsaturated fatty acid

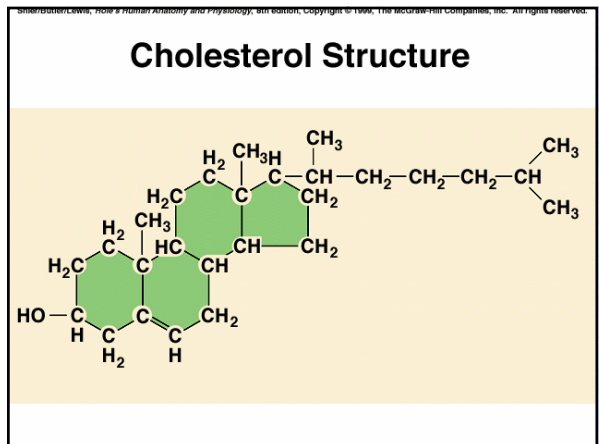
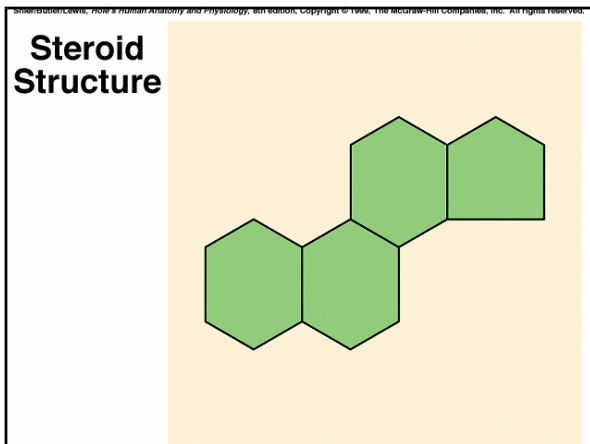
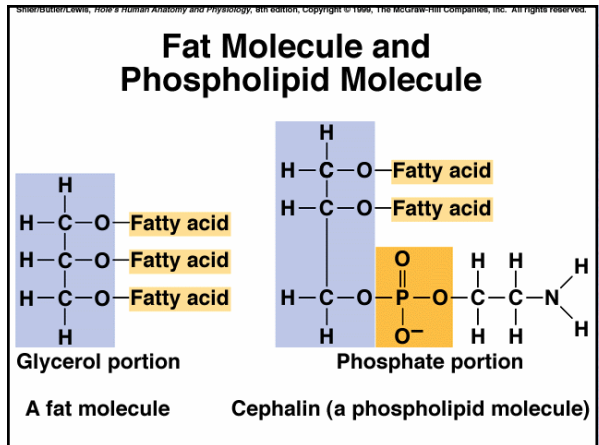
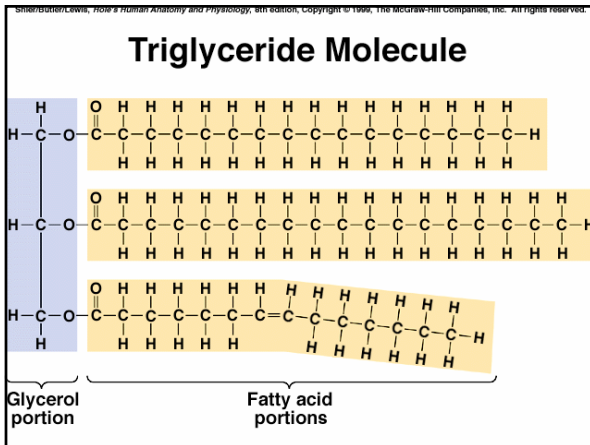
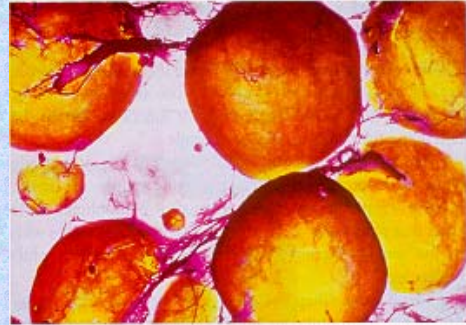
**3 Important groups of LIPIDS:**

1) **triglycerides** - (chemical name of fats and oils) a form of lipid found in fat cells and used for food storage in plants and animals; are nonpolar and have no charge; are made of 3 connected fatty acids and a glycerol - made of 3 (-OH) groups and is soluble in H<sub>2</sub>O

2) **phospholipids** - a molecule of glycerol bonded with 2 fatty acids and a molecule of phosphate; used to form biological membranes (plasma)

3) **steroids** - composed of 4 rings of carbon fused with different functional groups; **Cholesterol** is a steroid- aids in assembly of cell membranes; others regulate cell activities throughout the body with hormones

**MATTER** Fat cells (adipocytes) - store energy in the form of fats



# MATTER

# PROTEINS

**MATTER** Proteins are involved in every activity in the cell; they pump molecules across cell membranes

Structural Proteins - KERATIN - form hair, skin, and fingernails, - ELASTIN - gives skin elasticity.

Chemical messenger Proteins - INSULIN - hormone secreted by the pancreas

Oxygen transport carriers - HEMOGLOBIN - iron containing; gives color to blood cells; MYOGLOBIN - does the same for muscle cells

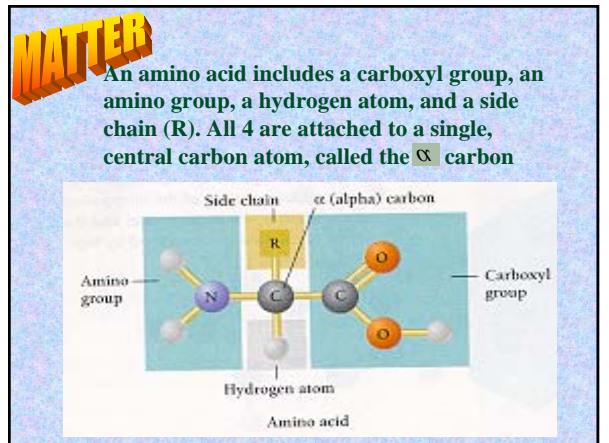
Chemical catalysers (enzymes) - AMYLASE - found in saliva; breaks starch down into simple sugars.

**PROTEINS** - formed by the polymerization of amino acids; (20 amino acid building blocks)

All amino acids have the same fundamental structure: a central CARBON bonded to 4 different functional groups:

- 1) a nitrogen-containing amino group (-NH<sub>2</sub>)
- 2) a carboxyl group (-COOH)
- 3) a hydrogen group (-H)
- 4) a variable group (-R)

-R groups differ among amino acids and give each its distinctive properties. There is much amino acid diversity.  
R groups determine this diversity.  
-Amino acids are connected by peptide bonds.



**MATTER** AMINO ACIDS and their -R GROUPS

- R groups can be polar and hydrophilic; others are nonpolar and hydrophobic
- R groups can have SULFUR in the -R group (cysteines); and can form bonds with other cysteines = linked protein chains
- The resulting bonds are called disulfide bridges.
- R groups of amino acids determine chemical and physical properties: size, water solubility, electrical charge

**MATTER** DEHYDRATION SYNTHESIS - makes it possible for amino acids to bond together and form proteins. (covalent)  
Nitrogen(-NH<sub>2</sub>) of one amino acid is joined to the carbon of the (-COOH) group of a second amino acid

PROTEIN SYNTHESIS FORMS:  
PEPTIDE BOND = chain of 2 amino acids is called peptide

Amino acid chains can be as long as several 1,000  
protein and polypeptide refer to longest chains (50 or more) of amino acids  
peptide - term for shorter chains

**MATTER** Proteins are highly organized molecules that come in a variety of shapes. They may have up to 4 levels of 3-D structure.

**4 structural levels:** conformation

- primary structure - sequence coded by genes
- secondary structure - coiled, helix; hair, keratin
- tertiary structure - 3 dimensional
- quaternary structure - huge proteins

Within a protein, the exact type, position, and number of amino acids, bearing specific R groups determine both the structure of the protein and its biological function. This is the conformation of a protein.

\*\*\*A protein's conformation determines its function.

**MATTER** denature – conformation breakdown of a protein caused by breaking the hydrogen bonds (ie) hair perm, frying an egg

\*\*\*5 ways a protein can lose its conformation by being denatured:

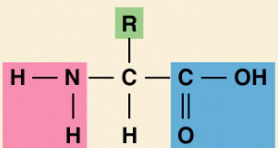
high temperature, radiation, pH changes, chemicals, & electricity

enzymes - large molecules, almost always proteins, that accelerate the rate of a chemical reaction; they are not consumed in the reaction.

Enzymes are catalysts in living systems.

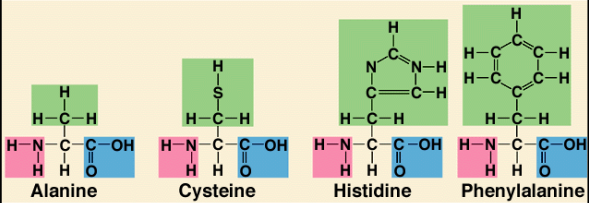
**Amino Acid Structure**

R group ■  
 Amino group ■  
 Carboxyl group ■



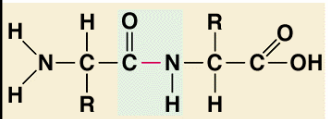
Amino acid

**Structural Formulas of Various Amino Acids**

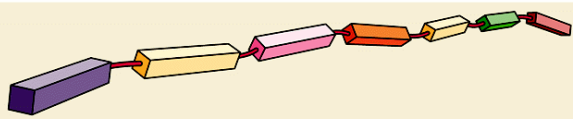


Alanine      Cysteine      Histidine      Phenylalanine

**Primary Structure of a Protein**



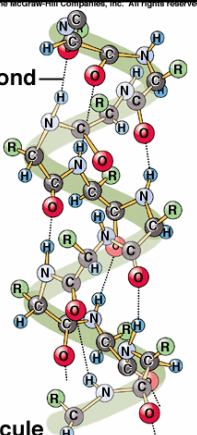
Peptide bond



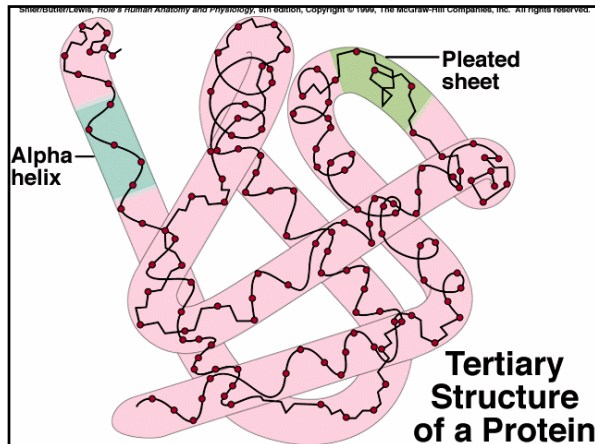
Amino acid sequence

**Secondary Structure of a Protein**

Hydrogen bond



Portion of a protein molecule



# MATTER

## NUCLEIC ACIDS

**MATTER**

Nucleic Acids are **MACROMOLECULES** that carry genetic information.

**NUCLEOTIDES** - building blocks of 2 kinds of information carrying molecules; DNA & RNA (nucleic acids are polymers of nucleotides)

**3 part structure:**

- 1) a five-carbon sugar; ribose or deoxyribose
- 2) a phosphate group
- 3) a nitrogen containing base that differs among nucleotides

**MATTER**

Two types of **NUCLEOTIDES**:

RIBOSE - contains the sugar ribose

DEOXYRIBOSE - contains the sugar deoxyribose

**RIBOSE** - bonds to 4 types of bases:  
adenine, guanine, cytosine, and uracil

**DEOXYRIBOSE** - bonds to 4 types of bases:  
adenine, guanine, cytosine, and thymine

Nucleotides may be strung together in long chains as nucleic acids, with the phosphate group of one nucleotide covalently bonded to the sugar of another.

DNA and RNA are Nucleic Acids, & are the molecules of **HEREDITY**.

Deoxyribose nucleotides form chains millions of units long called deoxyribonucleic acid or DNA.

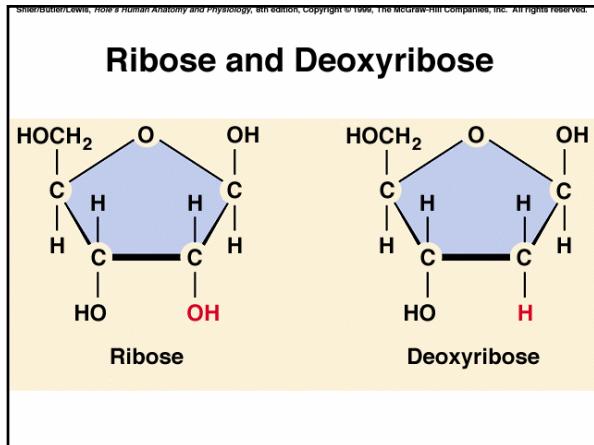
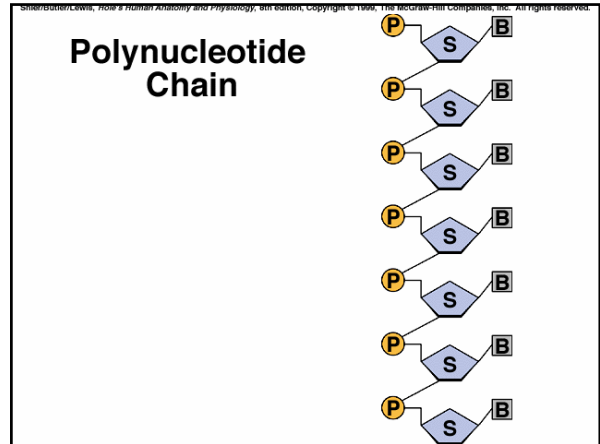
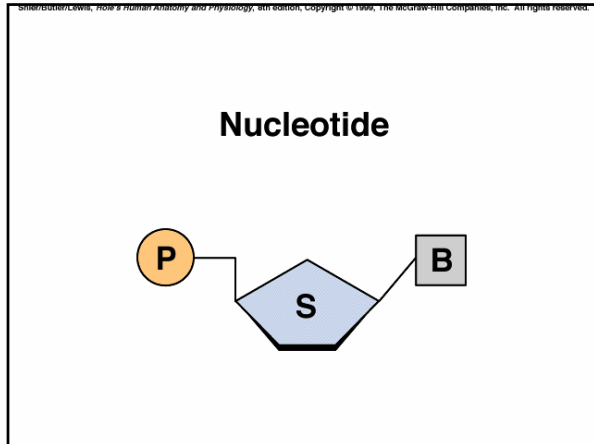
DNA, found in the cell's chromosomes; contains the genetic information needed to construct proteins.

RNA, found in the cell's nucleus; is copied from DNA, and moves into the cytoplasm and directs the construction of proteins there.

**MATTER**

Some nucleotides like adenosine triphosphate or ATP have extra phosphate groups and carry energy from one place to another within cells.

Other nucleotides called coenzymes help vitamins assist enzymes in their functions.



What are the building blocks for macromolecules?

Carbohydrates?

lipids?

proteins?

nucleic acids?

# EXIT

Remember – At the end of the chapter is a Chapter Summary that is your Study Guide for the Chapter 2 test.